

MANCHESTER



RF

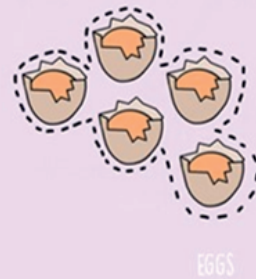
CAFÉ



ORDER AT THE COUNTER WHEN YOU ARE READY!



How To Make an RF Method



CREAM together 150g of Passion and dedication

To the mixture **CRACK** in the support of 5 family members

~MIX WELL~

SIFT 150g of self belief and **FOLD** it all in

BAKE in the oven at 180°C until you gain a golden **UNIVERSITY DEGREE!**



How to Decorate:

Cream together your ideas and creativity

Whisk in your final touches to make it perfect



Onto the cake, pipe on Staff you can call family
And for the cherry on top: Our loyal customers











DIETARY REQUIREMENTS

☒ Gluten Free
 ☑ Vegetarian
 ☑ Vegan
 ☒ Crustacean
 ○ Egg
 ☒ Gluten
 🥛 Milk
 🌿 Mustard
 🌰 Nuts
 ☒ Sesame
 🌱 Soya
 ☑ Most Popular
 🌶️ Spicy Dish

Please let the team know if you have any allergen or dietary requirements and ask for our Allergen information. As our dishes are handmade in our busy kitchens, unfortunately we cannot guarantee that they are 100% free of allergens or contaminants.

Food Menu

LIGHT BITES

- Fruit Bowl**  **£7.50**
Seasonal fruits, honey drizzle, toasted nuts nature's perfect harmony in a bowl
- Hummus**  **£6.00**
Creamy hummus meets zesty olive drizzle, accompanied by warm bread
- Halloumi Sticks**  **£5.50**
Breaded halloumi sticks with herbed tomato dip (5)
- Crispy Chicken Strips**  **£7.00**
In-house buttermilk crispy chicken strips, perfection in every bite (4)
- Miniature Cheese and Tomato**  **£5.50**
Cheese and fresh tomato on buttery mini croissants (4)
- Samosa Chaat**  **£7.00**
Traditional Indian Street food with an RF twist. A sweet tangy & savory sensation
- Spicy Sticky Tenders**  **£8.00**
Crispy tenders with tangy RF sauce and sesame seeds (4)
- Veg Samosa**  **£6.00**
Flavor-packed Large homemade veg samosas with chutney delight (3)
- Paprika Tacos**  **£7.50**
Seasoned kidney beans paired with a mix of spicy salad (2)
- Sweet Chilli Prawns**  **£9.00**
Breaded fried prawns with a sweet, spicy, tangy dip





Perfect Brunch With
My Bunch!

ALL DAY BRUNCH

- Eggs Florentine - Muffin**  **£10.00**
Poached eggs, spinach, chili, and hollandaise on an English muffin
+ ****Crispy Chicken,** Smoked Salmon, *Turkey Rashers** ***£2.75 **£3.25**
- Smashed Avocado**  **£10.00**
Seasoned smashed avocado on sourdough with poached eggs, chili, and roasted tomatoes
+ **Crispy Chicken, Smoked Salmon** **£3.25**
- Moroccan Avo**  **£11.00**
Seasoned avocado on sourdough with fried egg, chili chickpeas, and spicy onion & pepper salad
- English Breakfast**  **£12.00**
Seasoned fried eggs, toast, beans, hash browns, sausages, mushrooms, tomato, and English Tea
+ **Turkey Rashers** **£2.75**
- Veggie Breakfast**  **£12.00**
Seasoned fried eggs, toast, beans, hash browns, grilled halloumi, mushrooms, tomato, and English Tea
- Indian Thaal**  **£13.00**
Taste of India: Masala egg burji, paratha, Bombay potatoes, mango pulp, masala beans, and karak chai
- Chicken Croissant**  **£11.50**
Soft scrambled eggs, creamy mushroom sauce, grilled mushrooms, crispy chicken, and hollandaise in buttery croissants
- Stuffed Croissant**  **£9.50**
Soft scrambled eggs, creamy mushroom sauce, grilled mushrooms, and rocket nestled in a buttery croissant
- Shakshuka**  **£11.50**
Hugely popular Middle Eastern dish, 3 eggs centered in a perfectly spiced vegetarian stew of tomatoes, peppers & onions. Served with a flat bread.
- Desi Breakfast Special**  **£12.00**
Cheesy Desi omelette over sausages, grilled chicken, hash browns, topped with masala beans
+ **Turkey Rashers** **£2.75**



- Falafel Salad**  **£9.50**
Falafel salad with seasoned chickpeas, fresh veggies, and zesty dressing
+ **Crispy Chicken, Grilled Chicken** **£3.25**
- RF Fattoush Salad**  **£11.00**
Grilled chicken Fattoush salad with avocado, and zesty honey mustard dressing

Food Menu

BIG BITES

C & C Roll 🍗 🌶️ 🥑 🍌 🍷 **£11.00**

Our delicious in-house marinated sesame chicken, with jalapeños, tomatoes & spicy mayo served on a malted baguette

Mumbai Sandwich 🍗 🌶️ 🥑 🍌 🍷 **£11.00**

Cajun grilled chicken, spicy onion salad, and 'HELLA' cheese in a golden brown loaded sandwich

+Fried Egg **£2.00**

Chinese Egg Fried Rice with Chicken 🍗 🌶️ 🥑 🍌 🍷 **£13.00**

Hafajeez delight: Spicy sticky boneless chicken atop egg fried rice, a tantalizing fusion! #IYKYK

Mozzarella Flatbread 🍗 🍌 🍷 **£11.00**

Oven-baked flatbread with tomato paste, mozzarella, and your choice of 3 toppings (chicken, jalapeño, mushrooms, spinach, sweet onions & peppers)

Chicken Peri Lasagna 🍗 🌶️ 🍌 🍷 **£12.00**

Peri Lasagna served with garlic bread & a choice of mash or fries

Sharwarma 🍗 🌶️ 🍌 🍷 **£11.00**

Chicken shawarma with mix salad, mint sauce, served on garlic naan or fries (GF with fries)

Chick n Smash 🍗 🍌 🍷 **£11.00**

Seasoned grilled Cajun chicken, with mix vegetables, creamy mash & bechamel sauce

Falafel Wrap 🌱 🍌 🍷 **£10.00**

Beetroot falafels, creamy hummus, mixed salad, lettuce & sweet chilli sauce, served with fries

Powerhouse Burger 🍗 🍌 🍷 **£12.50**

Crispy chicken, cheese nuggets, grilled chicken, sautéed onions, jalapeño, burger cheese, salad & sweet chilli sauce, with fries on the side

+Fried Egg **£2.00**



It's got to be RF :)

RF SLIDERS

All our burgers are made in house with the finest ingredients & are served as a set of 3 in our brioche buns with cheese, salad & a side of fries.

Beef Sliders 🍗 🍌 🍷 **£11.00**

Ultimate juicy beef patty (slightly pinkish,) cheese, salad, sautéed onions, tomato

Grilled Chicken Slider 🍗 🍌 🍷 **£11.00**

Spicy Cajun grilled chicken, cheese, salad, sautéed onions, tomato

Crispy Chicken Slider 🍗 🍌 🍷 **£11.00**

Crispy buttermilk fried chicken, jalapeños, salad, tomato

Samosa Slider 🌱 🍌 🍷 **£11.00**

Mix Vegetable Samosa with hollandaise sauce, coriander, jalapeños

Falafel Slider 🌱 🍌 🍷 **£11.00**

Beetroot Falafels, hummus, salad & sweet chilli sauce

Mix & Match **£12.00**

We love to spoil at RF. Pick your choice of 3 sliders.

PIES

All served with garlic bread & a choice of creamy mash or fries

Meat & Potato 🍗 🍌 🍷 **£12.00**

(Served with Gravy)

Cheese and Onion 🌱 🍌 🍷 **£11.00**

(Served with Beans)

Veg Masala 🌱 🍌 🍷 **£11.00**

(Served with Gravy)

Pasta

Linguine 🌱 🍌 🍷 **£9.50**

Creamy mushroom pasta with sun-blushed tomatoes, basil & feta cheese

+Crispy / Grilled Chicken **£3.25**

Chicken Rigatoni 🍗 🍌 🍷 **£11.50**

Made with our secret spicy tomato & lemon sauce, basil & garlic topped with chicken

Wok it, Stir It 🌱 🍌 🍷 **£11.50**

Stir fry noodles with spices, grilled onions & peppers. Choose your option of chicken or halloumi

Food Menu

SIDES

Fries ✓	£3.50
Fries with Nacho Cheese ✓	£4.50
Hollandaise Sauce ✓	£2.50
Side of smashed Avocado ✓	£3.50
Garlic buttered naan ✓	£2.00
Creamy seasoned mash ✓	£2.00
Paratha ✓	£2.00
Buttered Toast ✓	£1.50
Bowl of fresh Chillies ✓	£1.00
Side of Smoked Salmon	£3.00
Crispy Hash browns (2) ✓	£2.50
2 seasoned Fried Eggs ✓	£2.00
Bowl of grated cheese ✓	£2.00
Veg Gravy ✓	£2.00

AFTERNOON TEA

Upgrade to Mocktails for £3

East Meets West Inspired ☺ ♻️ ♿ 🌱 🥚 £34.00

Selection of bites

- Your choice of 2 sliders
- Cheese & tomato mini croissants
- Chicken tender pieces with dipping sauce
- Samosa chaat
- Two cups of Tea or Coffee

Scones

Freshly made in house scones served with cream & raspberry conserve

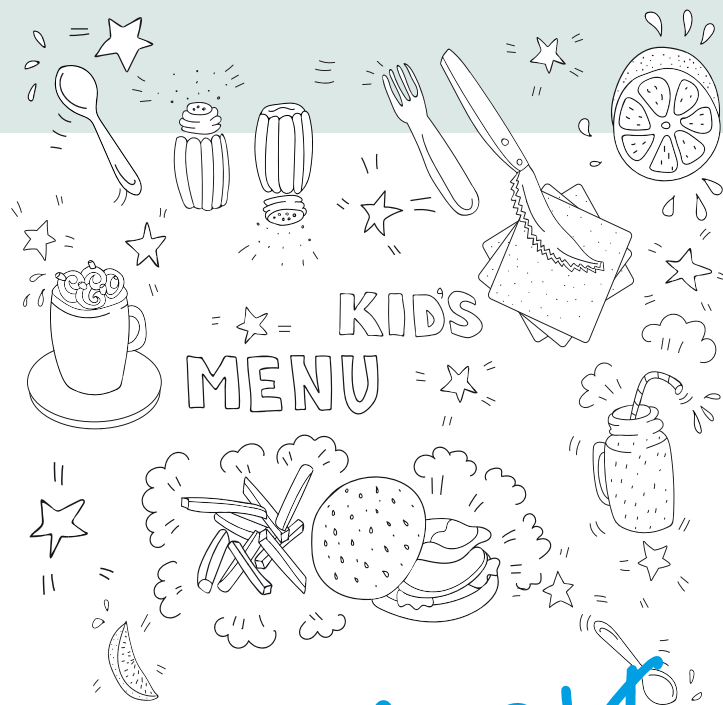
Tea Delights

Four Assorted Delights



KIDS MENU

Kids Breakfast ✓ ♻️ ♿ 🌱 🥚	£5.00
2 Eggs (scrambled/fried) toast and beans	
Kids Penne Pasta ✓ ♻️ ♿	£5.00
Penne Pasta with a of Red or White Sauce	
Kids Burger & Fries ♻️ ♿ 🌱 🥚	£5.00
Kids burger and fries with a Choice of Grilled Chicken or Beef	
Kids Chicken & Mash ♻️ ♿	£5.00
2 pieces of Grilled with a side of creamy mash	
Kids Chocolate Croissants ♻️ ♿ 🥚	£4.50
4 mini croissants with a drizzle of milk chocolate	
Kids Fruit Bowl 🌱	£4.50
Bowl of Fresh Fruits	
Kids Strawberry Sundae	£4.50
Fresh Strawberries with vanilla ice cream, strawberry syrup and sprinkles	
Capri Sun	£1.50
Milk	£2.00



Kids Kyle OK!

Cakes Menu

PATISSERIES & MILK CAKE

ASK A MEMBER OF THE TEAM FOR TODAY'S IN-HOUSE SELECTION OF PATISSERIES & MILK CAKES

Tray Bakes

- | | |
|---|--------------|
| Queen of Cakes (Vanilla) 🍰🍰🍰 | £7.50 |
| Moist vanilla sponge layered with fresh cream & raspberry compote | |
| K's Kake (Chocolate) 🍰🍰🍰 | £7.50 |
| Dreamy chocolate ganache sandwiched in between the fluffiest chocolate sponge | |
| Crowd Pleaser (Tiramisu) 🍰🍰🍰 | £7.50 |
| Everyone's favourite, Tiramisu | |

Up to date Classics

- | | |
|---|--------------|
| Frais 🍰🍰🍰 | £8.50 |
| Our oven baked hot sponge with your choice of toppings
Step 1: Choose your hot sponge - Vanilla or Chocolate
Step 2: Choose your insert - Custard or Berry Compote
Step 3: Choose your side - Chocolate Sauce or Ice Cream | |
| Milk Cake 🍰 | £7.50 |
| Simple, old fashioned soaked milk cake, moist & wonderfully tasty - (Ask staff for todays specials) | |
| Chocolate Churros 🍩 | £7.00 |
| Golden brown and crisp, rolled in sugared cinnamon served with melted Belgian chocolate for dipping | |
| Birthday Cake 🍰🍰🍰 | £9.00 |
| Sshhh it's a surprise! | |



Pancakes & French Toast

- | | | | |
|---|--------------|--|--------------|
| RF Classic Pancake 🥞🍰🍰 | £9.50 | Summer Berry French Toast 🥞🍰🍰 | £9.50 |
| Milk chocolate, strawberries, mix berries & vanilla ice cream | | Milk chocolate, berry compote, mix berries, strawberries & vanilla ice cream | |
| White Berry Pancake 🥞🍰🍰 | £9.50 | Tiramisu French Toast 🥞🍰🍰 | £9.50 |
| White chocolate, banana, blue berries, nut crumble & vanilla ice cream | | Coffee soaked sponge, caramel & coffee sauce & vanilla ice cream | |
| RF Brioche French Toast 🥞🍰🍰🍰 | £9.50 | Build Your Own | £9.50 |
| Milk chocolate, Caramelized banana, salted caramel, nut crumble & vanilla ice cream | | Pancake / French toast with your choice of sauce, 2 toppings & vanilla ice cream | |

Drinks Menu

ICE SMOOTHIE

Iced Smoothie ☺ **£5.50**
Summer Fruit | Strawberry & Banana | Mango &
Passion Blueberry & Blackberry | Pineapple &
Passion

MILKSHAKES

SERVED WITH WHIPPED CREAM

Milkshakes ☺ **£5.50**
Vanilla | Strawberry | Caramel | Banana | Chocolate

MOCKTAILS

Mocktails ☺ **£5.50**
Cherry & Lime | Apple & Kiwi | Watermelon &
Raspberry | Raspberry & Apple Raspberry & Lime |
Strawberry & Lime | Mango & Passion

Frappes

SERVED WITH WHIPPED CREAM

Frappes ☺ **£5.50**
Caramel | Espresso | Mocha | Double Chocolate |
Vanilla | Strawberry & Cream



DRINKS

Orange Juice **£4.50**
Freshly Squeezed Orange Juice

Soft Drinks **£3.00**
Coke | Coke Zero | J2O | Irn Bru | Sprite

Still Water **£1.50**

HOT DRINKS

ALTERNATIVE MILKS AVAILABLE

Coffee

Americano	£2.50
Caffe Latte ☺	£3.50
Cappuccino ☺	£3.50
Mocha ☺	£4.50
White Mocha ☺	£4.50
Espresso	£2.30
Chai Latte ☺	£4.50
Iced Coffee ☺	£4.00
Syrup	£0.50

TEAS

Karak Chai ☺ ☺	£3.50
English Breakfast Tea ☺	£2.50
Peppermint Tea	£2.50
Green Tea	£2.50
Earl Grey Tea	£2.50
Strawberry & Raspberry Tea	£2.50

Hot Chocolate

Hot Chocolate Milk | White **£4.50**
Special Hot Chocolate **£5.50**





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