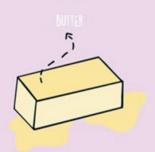
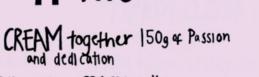
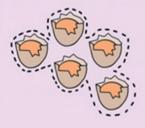


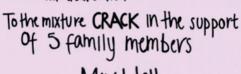


How To Make an RF Method



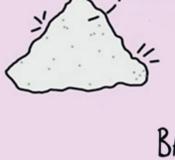






MIX Well~ SIFT 150g of self belief and FOLD It all in

BAKE in the oven at 180°C until you gain a golden UNIVERSITY DEGREE!





How to Decorate:

Cream together your ideas and creativity

Whisk in your final touches to make it perfect



Onto the cake, pipe on Statlyou can call family And for the cherry on top: Our loyal customers

fight Biles

Smoothie bowl (v) Want to boost your day? Try our mix berry smoothie bowl topped with granola, nuts & berries.	7.0
Fruit bowl (V) Seasonal fruits with drizzled honey & toasted nuts.	6.0
Hummus (V) Spicy olive drizzle on our creamy hummus served with warm bread.	5.5
Halloumi Sticks (v) Breaded halloumi sticks served with herbed tomato dip.	5.0
Crispy Chicken Strips Made in house buttermilk crispy chicken strips (4)	6.5
Minature Cheese and Tomato Croissants (V) Buttered hot mini croissants with cheese & fresh tomatoes (4)	5.0
Samosa Chaat (v) (Traditional Indian street food with an RF twist. A sweet, tangy & savoury sensation.	6.5
Spicy Sticky Tenders (GF) (GF) (GF) (GF) (GF) (GF) (GF) (GF)	7.0
Veg Samosa (V) Large home made samosas filled with mix veg served with chutney (3)	5.5
Paprika Tacos (New) (Vegan) Seasoned kidney beans with mix spicy salad, lettuce, guacamole & mint sauce (2)	7.0
Sweet Chilli Prawns (New) Breaded crispy fried prawns served with a sweet, spicy & tangy dip.	7.5

Salads

Falafel Salad (Vegan) (GF) Sliced cucumbers, tomatoes, seasoned chickpeas, falafel with lemon and oregano dressed with olive oil	8.0
+ Grilled/Crispy Chicken	+2.5
RF Fattoush Salad (GF) Chopped avocado, lettuce, onions, cucumber, cherry tomatoes, grilled chicken, parsley,	9.5



(V) Vegetarian

All Day Brunch

Eggs Florentine (v) (a) Two poached eggs, spinach, chilli & fresh hollandaise sauce on an english muffin.	8.5
+ Crispy Tender Chicken / Smoked Salmon	+2.5
Smashed Avocado (V) ⊜ Seasoned smashed avocado served on sourdough with two poached eggs, chilli ℰ roasted tomatoes. + Crispy Tender Chicken / Smoked Salmon	9.0 +2.5
Morrocan Avo (v) Seasoned avo served on sourdough, with fried eggs & chilli chickpeas	9.5
English Breakfast Seasoned eggs (of your choice), toast, beans, hash browns, sausages, mushrooms & a cup of English tea	10.5
+ Turkey Rashers Veggie Breakfast (New) (V)	+2.5 10.5
Seasoned eggs (of your choice), toast, beans, hash browns, halloumi, mushrooms & a cup of English tea Indian Thaal (v) Masala burji (egg) made with the finest Indian spices served with paratha, Bombay potatoes, mango pulp, masala beans & a cup of desi chai.	11.0
$\label{lem:constraint} \begin{tabular}{ll} \textbf{Chicken Croissant} & \textbf{(V)} & \textbf{\textcircled{o}} \\ \textbf{Soft scrambled eggs with creamy mushroom sauce, crispy chicken and hollandaise sauce in freshly baked buttered croissants.} \end{tabular}$	10.0
$Stuffed\ Croissant\ {\rm (V)}$ Freshly cooked scrambled eggs with creamy mushroom sauce \$\it \mathscr{E}\$ rocket stuffed in freshly baked buttered croissant.}	8.5
$Shakshuka \ (v) \\$ Hugely popular Middle Eastern dish, eggs centred in a perfectly spiced vegetarian stew of tomatoes, peppers $\mathscr E$ onions. Served with flatbread.	10.5
Desi Breakfast Special (New) Cheesy desi omlette stacked on top of 2 hashbrowns, 2 chicken sausages, 2 slices of grilled chicken and topped with masala beans.	11.0
Big Bilos	
C & C Roll ⊖ Our delicious in-house marinated sesame chicken, with jalapenos, spicy mayo & salad served in a soft brown baguette.	9.5
Mumbai Sandwich Golden brown toasted sandwich with vibrant coriander chutney, Cajun grilled chicken, layers of mix spicy onion salad a hell load of cheese! + Egg	10.0 +1.5
Chinese Egg Fried Rice with Spicy Chicken 😂 🗾 Hafejeez style egg fried rice with spicy & sticky boneless chicken #IYKYK	12.0
Mozzarella Flatbread Oven baked flat bread with a choice of 3 toppings (Chicken, jalapeno, mushrooms, spinach, onions & peppers.)	10
Chicken Peri Lasagne ⊖ Peri lasagne served with garlic bread ℰ a choice of mash or fries.	10.5
Shawarma 😂 🍎 Chicken shawarma marinated in a peri sauce topped with mix salad and mint sauce. Served on a garlic naan or fries .	10.5
Chick 'N' Smash (GF) Seasoned grilled Cajun chicken, with mix vegetables, creamy mash & bechamel sauce.	10.5
Its a Wrap! (New) Beetroot falafels, creamy hummus, mixed salad, lettuce & mint yogurt sauce served with a side of fries.	9.5
Powerhouse Burger (1 slider) Crispy chicken, cheese nuggers, grilled chicken, sautéed onions, cheese, salad & sweet chilli sauce served with a side of skin on fries. + Fried Egg	10.5 +1.5

RT Sliders

All our burgers are made in house with the finest ingredients & are served as a set of 3 in our brioche buns with cheese, salad & a side of fries.

Beef Ultimate juicy beef patty (slightly pinkish), cheese, salad, sautéed onions, tomato	10.0
Grilled Chicken Spicy Cajun grilled chicken, cheese, salad, sautéed onions, tomato	10.0
Crispy Chicken Crispy buttermilk fried chicken, jalapenos, salad, tomato	10.0
Samosa (V) Mix Vegetable Samosa with hollandaise sauce, coriander, jalapenos	10.0
$\begin{tabular}{ll} Falafel & (V) \\ Beetroot falafels, hummus, salad, mint sauce \\ \end{tabular}$	10.0
Mix & Match We love to spoil at RF. Pick your choice of 3 sliders	11.0

Pics

All served with garlic bread \mathcal{E} a choice of creamy mash or fries

Meat & Potato (served with gravy)⊖	10.5
Cheese & Onion (served with beans) (V)	9.5
Veg Masala (served with gravy) (V)	9.5

Pasta

LINGUINE (V) Creamy mushroom pasta, sun blushed tomatoes, feta cheese & basil	8.5
+ Chicken	÷2.5
Chicken Rigatoni Made with our secret spicy tomato lemon sauce, basil garlic topped with chicken strips	10.0
Wok it, Stir it (New) Stir fry noodles with spices, grilled onions & peppers, Choose your option of grilled chicken or halloumi.	10.0

Sides

Fries	3.0	Egg (Fried)	1.5
Cheesy Fries	4.0	Smoked Salmon	2.5
Hollandaise	2.0	Naan	1.5
Smashed Avocado	3.0	Mash	1.5
Cheese	1.0	Paratha	1.0
Veg Gravy	2.0	Toast	1.0
Grated Cheese	1.5	Fresh Chillis	1.0

Its got to be OF:)

Afternoon Tea

Served with two cups of tea or coffee (Desi/English) of your choice. Upgrade to two mocktails for £3

East meets west inspired afternoon tea (serves 2) 32 Selection of bites Your choice of 2 sliders Cheese & tomato mini croissants $^{(V)}$ Chicken tender pieces with dipping sauce

Scones

Freshly made in house scones served with clotted cream $\operatorname{\mathscr{E}}$ raspberry conserve

Tea Delights

Four Assorted Delights

Samosa chaat (V)



(GF) Gluten Free

Up-to-Vate Classics

Frais - our over Step 1. Choose your Step 2. Choose your Step 3. Choose your	hot sponge – insert –	age with your choice of toppings Vanilla Chocolate Berry compote Chocolate saud Hot custard Vanilla ice cream	re	7.5
Milk cake - ask staff for today's special 😇 imple, old fashioned soaked cake, moist & wonderfully tasty				7.0
	Pull Me Up Cake - ask staff for today's special (New) imply decadent, Give it a try & you will be back for more			7.5
Chocolate Golden brown and		ugared cinnamon served with me	elted Belgian chocolate for dipping	6.0
CE OVEr (Frozen vanilla cheesecake) filk Rocher Belgian milk sauce & toasted nuts white coconut Belgian white sauce & crushed raffeallo terry Biscoff Lotus spread & fresh berries aspberry cream Raspberry compote & white chocolate			7.0	
Birthday Co Shh it's a surprise!	ake – Lets Ce	lebrate!		7.5
)rinks				
Alternative milk	s available)			
Coffee			Tea	
Americano		2.5	Masala chai	3.5
Cafe Latte		3.0	English breakfast tea	2.5
Cappuccino		3.0	Peppermint Tea	2.5
Mocha		4.0	Green Tea	2.5
White Mocha		4.0	Earl grey Tea	2.5
Espresso		2.3	Strawberry & Raspberry Tea	2.5
Chai latte		4.0		
ced coffee		3.5		
Extra syrup		0.5		
Hot Choco		. 11 12 1 1	1 1 1 21	4.5
Jur in house Add caramel / mint		gian milk or white hot c	hocolate with cream	+5 o p
	t Strawber	rry & Banana Mango & Pineapple & Passion	Passio	5.0
•	ie Apple ಆ	ੇ Kiwi Watermelon & R wberry & Lime Mango	aspberry Raspberry & Apple & Passion	5.0
- Frappes Caramel Esp	resso Moo	cha Double Chocolate	Vanilla / Strawberry & Cream	5.0
Soft Drinks				
Orange juice -		ad 2 E		
		ed 3.5 sprite Fanta j20 2.5		
Still water	oke thet toke	1.5		
		.,		

Kids Menu

Breakfast

Eggs (of your choice), toast $\mathcal E$ beans

Mains

Penne Pasta - white sauce or red sauce Grilled Chicken & Mash Burger & fries (Beef or Grilled)

Desserts

Chocolate croissants

Fruit bowl

Vanilla Ice Cream Sundae (Fresh Strawberries and sprinkles)

Drinks

 Capri-sun
 1.5

 Milk
 1.5





4.5

4.5

3.5